

UPDATE





Visiting the TVF&R Volunteer Firefighter Association Antique Garage
Checking out their amazing collection of antique fire trucks!

Thank You Letter from the Family of Former Oregon State Fire Marshall, Robert Panuccio

Chaplain Leo,

Thank you so much for leading the services for my Father last week in Salem. Having you lead the services meant the world to us and you led with such grace and kindness, almost as if he had been a long time friend. One of Dad's requests was to have a Chaplain from the Fire Department officiate the services and we are blessed to have you there for us. Can't say how much we appreciate you for that. We wish you the best and may God Bless.

With best regards,

Ray, Patty, Kimberly and Travis

2023 Ministry Prayer Needs

For the ministry to be fully funded by the end of 2023 - the ministry work keeps me so busy it's hard to prioritize fundraising.

(Currently funded at 13% of my ministry budget).

To find an individual or company who will cover my fuel expenses so I can continue serving multiple agencies and the community at large.

(Need varies between \$350-500 a month).

To find a food service partner who can provide snacks and treats for my *Chap Snacks* program. (*Need is approximately \$250 per month*).

Tragic Suicide

As I arrived on the scene of a woman who had shot herself, I found her distraught husband in the front yard wrapped in a blanket and began offering him support while the officers processed the scene. We eventually were able to get him some more clothes while his wife was life-flighted to OHSU. I want to commend the firefighters on scene for how hard they worked to stabilize and prepare the patient for transport via helicopter. Sadly the wound was too severe and the woman passed at the hospital. I felt fortunate to still be on the scene when her two older daughters arrived and was able to deliver the death notification to them and be with them as they processed the news. Later I followed up with the officers on the scene to make sure they were doing alright considering the intensity of the scene they had walked into. Then I visited the fire station to talk with the fire fighters who attended to the woman. I'm honored to be apart of such an amazing team of men and women serving our community. Your partnership allows me to be available 24 hours a day, 7 days a week.

Traumatic Stress Relief Training

January 16-20th I attended a week long training at the Clackamas Public Safety Training Facility with 75 other individuals from the region. We covered the ASAP program - Acute Stress Adaptive Protocol, for First Responders. It was a powerful training covering areas like EMDR group intervention and BLS Bi-Lateral Stimulation. These protocols are designed to be used by non-licensed peer support personnel soon after a critical event to allow the brain to reprocess the memory from the trauma part of the brain and file it away as a non-traumatic memory. By stimulating and enhancing the body's ability to calm itself, we foster improved self-regulation. When people can self regulate they achieve a better chance at reprocessing traumatic memories with less distress. Surprisingly, this training is not very well known across the US and our 75 person class was the biggest the organization has done so far as well as the only class provided in the Pacific Northwest. I'm grateful I had the opportunity to attend to learn this valuable information. I strive to be as knowledgeable as I can be in the areas of trauma, intervention, coaching and spiritual guidance for the First Responders and communities I serve.



How to Partner with Leo Keelan, Hope Chaplain:

To give online, go to HopeChaplain.com and click on Partner/Donate. This takes you to Tithe.ly via Public Safety Chaplaincy -the non-profit I work for that processes all of my donations. IMPORTANT: Please make a note that it is for Hope Chaplain or Leo Keelan. If you prefer to send a check, please address it to Public Safety Chaplaincy, 1500 NW 167th Place, Beaverton, OR 97006. Write Hope Chaplain or Leo Keelan in the MEMO so PSC knows who to credit the donation to. Donations through PSC are tax deductible. Federal 501(c)(3) ID # 93-0872565.

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