

HUGE Ministry Blessing!

We want to share a HUGE blessing and answered prayer that happened in January. We wanted to tell you sooner but had to wait for it to warm up a bit so Nicole could put the graphics on it. Wilsonville Toyota has generously blessed Hope Chaplain with a 2022 AWD Toyota Highlander for two years for just \$1!! Yes, you read that right, they "sold" me a gently used Highlander for just one dollar - Praise God! One thing people may not realize is I drive hundreds and hundreds of miles a week visiting stations and going on calls across multiple counties. Because of this, my vehicle expenses are quite high. Between car payments, insurance payments, gasoline costs, new tires, brakes, oil changes, and more it can be a very expensive aspect of the ministry. So, we feel incredibly grateful and blessed by this vehicle sponsorship! If you are in need of a new vehicle please consider stopping by Wilsonville Toyota.



CHILLY CHAP

Have you heard of cold plunging or cold therapy?

The Keelan residence now has it's own cold plunge tub!

I first tried cold plunging with my firefighters and grew to love the health benefits of this practice. Nothing makes you feel awake and alive quite like submerging in a 45 degree (or colder) tub of water for several minutes!

So far my son, myself and my fiancé's daughter have tried it out. I'm hopeful that it will provide some relief from pain and inflammation for my fiancé Nicole, but she hasn't entirely warmed up to the idea of trying it yet.

Death Impacts Firefighter Community



In January the fire service lost a former Fireman, 37-year-old Jeremy Quimby. Jeremy was a husband and a father of three young children.

I was the chaplain on the call when he passed and had the honor of attending his funeral in early February. Jeremy originally worked for McMinnville Fire, then Lake Oswego Fire. He recently left the fire service to run his own company, Quimby Construction. As the new McMinnville Police and Fire chaplain, I was requested to participate in a Critical Management Briefing for McMinnville Fire because of Jeremy's years of past service for them. The following three days I attended Peer Support meetings with all three shifts to insure the well-being of the firefighters.

Gresham Fire Fighter Line of Duty Death

In February I had the honor of assisting with the funeral for the line-of-duty death of Gresham Fire Fighter, Brandon Norbury. He tragically went into cardiac arrest during a training exercise and his department went to work trying to revive him, he was transported to the hospital and later pronounced dead. Brandon had served honorably for 8 years as a Navy Seal, 7 years in the Gresham Police Department, and 15 as a Gresham Firefighter.

As the Oregon Fire Chiefs Association Chaplain, I responded and made myself available to the chief and acted as a liaison for the Oregon Fire Service Honor Guard. I attended the funeral service with Dundee Fire. I hope you will join us in lifting up Brandon's loved ones in prayer as they grieve this immense loss.



How to Partner with Leo Keelan, Hope Chaplain:

To give online, go to [HopeChaplain.com](https://www.HopeChaplain.com) and click on **Partner/Donate**. This takes you to Tithe.ly via Public Safety Chaplaincy -the non-profit I work for that processes all of my donations. **IMPORTANT: Please make a note that it is for Hope Chaplain or Leo Keelan.** If you prefer to send a check, please address it to Public Safety Chaplaincy, 1500 NW 167th Place, Beaverton, OR 97006. Write *Hope Chaplain* or *Leo Keelan* in the MEMO so PSC knows who to credit the donation to. Donations through PSC are tax deductible. Federal 501(c)(3) ID # 93-0872565.

Leo Keelan, Chaplain | 503-819-9481 | Leo@HopeChaplain.com | [HopeChaplain.com](https://www.HopeChaplain.com)

Serving these Organizations: TVF&R, Dundee Fire, Aurora Fire, Amity Fire, McMinnville Fire & Police, Newberg Police, WCSO, Oregon Fire Chiefs Association, Grace Chapel MRT & SW Washington CISM Team